

ADVICE ON COMMON ILLNESSES FOR PARENTS

Infection or complaint	Recommended period to be kept away from school, nursery or childminders
Athlete's foot	None
Chickenpox	Until all vesicles have crusted over
Cold sores, (Herpes simplex)	None
German measles (rubella)*	Four days from onset of rash
Hand, foot and mouth	None
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment
Measles*	Four days from onset of rash
Molluscum contagiosum	None
Ringworm	Exclusion not usually required
Roseola (infantum)	None
Scabies	Child can return after first treatment
Scarlet fever*	Child can return 24 hours after starting appropriate antibiotic treatment
Slapped cheek/fifth disease. Parvovirus B19	None (once rash has developed)
Shingles	Exclude only if rash is weeping and cannot be covered
Warts and verrucae	None
Diarrhoea and/or vomiting	48 hours from last episode of diarrhoea or vomiting
<i>E. coli</i> O157 VTEC Typhoid* [and paratyphoid*] (enteric fever) Shigella (dysentery)	Should be excluded for 48 hours from the last episode of diarrhoea. Further exclusion may be required for some children until they are no longer excreting
Cryptosporidiosis	Exclude for 48 hours from the last episode of diarrhoea
Flu (influenza)	Until recovered
Tuberculosis*	Always consult your local PHE centre
Whooping cough* (pertussis)	Five days from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment
Conjunctivitis	None
Diphtheria *	Exclusion is essential. Always consult with your local HPT
Glandular fever	None
Head lice	None
Hepatitis A*	Exclude until seven days after onset of jaundice (or seven days after symptom onset if no jaundice)
Hepatitis B*, C*, HIV/AIDS	None
Meningococcal meningitis*/ septicaemia*	Until recovered
Meningitis* due to other bacteria	Until recovered
Meningitis viral*	None
MRSA	None
Mumps*	Exclude child for five days after onset of swelling
Threadworms	None
Tonsillitis	None