



The BAWB Federation  
Bainbridge, Askrigg, and West Burton Primary Schools

Mid-Dale Excellence in Education

Executive Headteacher: Miss Charlotte L. Harper

Friday 22<sup>nd</sup> September 2017

### Yoga Provision in School

Dear parents,

You may be aware that this year the government has increased the amount of money that schools will receive to enhance PE provision in schools. PE funding is strictly ring-fenced and spending is carefully monitored by our Business Manager, our Governing Board, the LA Finance Team, and Ofsted. For more information, please see our PE funding report on the schools' websites, or visit the Government's information page:

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

We are delighted that this funding will enable us to provide some additional specialist provision within PE at school and we are excited that this will come in the form of Yoga sessions this term; partly within school and partly as an after-school activity. These will be provided by Nicolene Scarr who is qualified in 'Star Child Yoga' and fully DBS cleared.

Please note that all of our children (including KS2 children at Askrigg) will therefore receive two specialist sessions of PE per week. Part of the PE funding's remit/pledge is to up-skill school staff to create a stronger skill-base for the future and for this reason, school staff take part in PE sessions as well. Teachers will be taking part in the yoga sessions.

#### **At Bainbridge**

In-school morning session for all nursery, YR and KS1 children on **Tuesdays**:

9:30am – 10:30am – class one (in 3 x groups of 10)

10:45am – 11:45am – class two (in 2 x groups of 9)

#### **At Askrigg**

After-school club from 3:30pm to 4:30pm on **Thursdays** – open to all children in KS2. The club will be limited to 14 children who will be allocated a place on a first come, first served basis (please see slip overleaf).

#### **At West Burton**

In-school afternoon session for all children on **Tuesdays**:

1:00pm – 1:45pm – class one

1:45pm – 2:30pm – class two

If you wish to sign-up your child for the after-school club on Thursdays, please complete and return the attached slip as soon as possible. The in-school sessions will be for all children as they will form part of the statutory PE curriculum entitlement.

All the sessions will begin w/c 10<sup>th</sup> October and will take place every week this term, **apart from the last two weeks of term** due to Christmas commitments.

#### **Equipment**

Children will not need any specialist equipment to take part in these sessions, either in school or after school. However, they will need to wear their BAWB PE kit and must have a water bottle with them. They are also encouraged to bring a small blanket for the relaxation part of the session and may also bring a yoga/exercise mat if you have one. For the after-school club, children are also invited to bring a healthy snack (please no crisps, chocolate etc).

We hope you share our enthusiasm for this specialist provision which will address much of the PE curriculum and beyond. If you have any questions, please do not hesitate to contact me.

Kind regards,

Charlotte Harper  
Headteacher



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Name of child \_\_\_\_\_,

I would like my child to take part in the after-school yoga club on Thursdays at Askrigg, starting w/c 10<sup>th</sup> October 2017.

If my child is successful in being allocated a place, I will collect him/her at Askrigg School at 4:30pm.

My child will have full PE kit and a water bottle.

Signed \_\_\_\_\_ (parent) Date \_\_\_\_\_